



# Teens Recovery

*"Reaching our youth, changing our future"*

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## ALCOHOL CHEMICAL TREATMENT SERIES (A.C.T.S.)

*Substance Abuse Program*

### LESSONS OUTLINE

#### A.C.T.S. LEVEL NO.1

Weeks 1-12

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- 1) Alcohol: The Most Commonly Abused Drug
- 2) Cocaine: Any Dose May Be An Overdose
- 3) Crack: Shortcut to Destruction
- 4) Marijuana and Its Effects
- 5) Heroin: Deadly Fantasy
- 6) Inhalants and Their Dangers
- 7) Designer Drugs
- 8) Hallucinogens
- 9) PCP: Underestimated Killer
- 10) Barbiturates
- 11) Stimulants: Get Smart and Don't Start
- 12) Alcohol and Drug Dependence

#### A.C.T.S. LEVEL NO.2

Weeks 13-24

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|--------------|---------------------------------|
| 1) Alcohol   | 7) Designer Drugs               |
| 2) Cocaine   | 8) Hallucinogens                |
| 3) Crack     | 9) PCP                          |
| 4) Marijuana | 10) Barbiturates                |
| 5) Narcotics | 11) Stimulants                  |
| 6) Inhalants | 12) Alcohol and Drug Dependence |