

# A.C.T.S.

## *12 Week Course*

EACH LESSON OF THE A.C.T.S. PROGRAM IS FORMATTED INTO THREE SEPARATE SEGMENTS:

1) *Educational information*, covering physical, psychological, & emotional changes associated with alcohol or chemical abuses.

2) *Visual illustration*, applied to enhance the Educational aspect of the lessons.

3) *Historical application*, in this the Visual & Educational segments are linked with a story, which gives the class participant complete understanding of the lesson. This in turn empowers the participant to relate the lesson to their own problems, fears, and desires.

## SOME ADVANTAGES OF USING A.C.T.S.

- Upon request A.C.T.S. can assist in probation requirements and provide participants progress reports to state or federal agencies
- A.C.T.S. can assist the school system with delinquency and detention requirements
- A.C.T.S. provides support group settings for participants and their families
- A.C.T.S. reinforces positive character development and strengthens any after care effort

### A.C.T.S.

*Alcohol Chemical Treatment Series*

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## *Breaking The Bonds of Addiction*

"NO ONE CAN MAKE YOU CHANGE  
YOUR SITUATION. YOU HAVE TO  
MAKE THAT DECISION"

## WHAT IS A.C.T.S.

A curriculum based self-help, recovery and educational program.

A.C.T.S. is designed to help the individual or family deal with the problems associated with alcohol and chemical abuses.

Curriculum based, A.C.T.S. offers a holistic approach that encompasses the Emotional, Physical, and Spiritual aspects of an individual or family.

### Reintegration

The knowledge obtained through A.C.T.S. can help to heal the pain of dysfunctional relationships associated with alcohol & chemical abuses.

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### *A 12 Week Course*

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1. Alcohol
2. Cocaine
3. Crack
4. Marijuana
5. Heroin
6. Inhalants
7. Designer Drugs
8. Hallucinogens
9. PCP
10. Barbiturates
11. Stimulants
12. Alcohol and Drug Dependence

## A.C.T.S. BENEFITS:

A.C.T.S. stresses the importance of the participant accepting responsibility for a successful recovery, and reinforces a positive character development.

A.C.T.S. diffuses many possible problem areas and often prevents costly loss of property and lives.

Community action: A.C.T.S. is a community based substance abuse program, brought to you through the efforts of concerned and certified instructors.

These instructors come from all walks of life, and have made themselves available to fight in the war against alcohol & chemical abuses in your community.

### Funding

A.C.T.S. is supported through private contributions.